



LIVE ABROAD. EXPERIENCE  
**IRELAND**

WE MAKE IT HAPPEN

**EXCHANGE | 2021 |**  
**PROGRAM BROCHURE**



# WELCOME TO IRELAND

Every Step we take should be **TOWARD A BETTER FUTURE**

*Our wealth of experience means that our students always feel welcome and safe.*

*During our 10 years, we have been able to merge the school process and student experience to facilitate the active participation of the students inside and outside the classroom.*

**ICOT students are FROM EVERYWHERE!**

*From Japan to Brazil or from Asia to Europe, ICOT can help you to live your dream in the Emerald Isle.*

“ I love the nature and diverse culture of Ireland. Therefore I chose Ireland for language education. Thanks ICOT College for everything. They were always with me. ”



“ I had all the support from ICOT with accommodation, tips to book my GNIB and CV Consultation to help me with my first job interviews. ”

“ I have made some fantastic friends here at ICOT. The teachers were amazing and inspiring. I highly recommend! ”



**Facing a new culture** can be a challenge, but how and with who you face this challenge can completely change the destiny of your life.

# WELCOME TO ICOT

*We  
make it  
happen*

DIRECTOR



Brendan Coyle

I wish to extend a warm welcome to all of our students to Ireland in general and ICOT in particular. Traditionally the Irish regard it as a point of honour that visitors to our shores are able to look back on their stay in Ireland with fond memories of a very pleasant and productive time in their lives. We hope that you too will be able to experience the same fellowship with Ireland and the Irish as well as achieving the degree of fluency in English to which you aspire.

DIRECTOR OF STUDIES | DUBLIN



Tanya Khamis

DIRECTOR OF STUDIES | CORK



Colm O'Mahony

ASSISTANT DIRECTOR OF STUDIES | DUBLIN



Therese McDonagh

We here at ICOT understand the opportunities, excitement, challenges and concerns of international students arriving in Ireland for the first time, which is why we have a multi-lingual team that is dedicated to ensuring that all students have the best possible experience during their time with us. We are proud of the friendly and efficient way in which our teaching staff and administrative staff are able to help our students achieve their academic goals and also to make them feel comfortable during their time with us. Looking forward to meeting you - Cead mile a failte!

On behalf of our dedicated team, I am delighted to welcome you to ICOT. We are honored to be a part of this new and very exciting chapter of your life. The ICOT team is here to support and encourage you, every step of the way as you move along on this exciting journey. We wish you a very enjoyable and successful time with us and look forward to helping you reach your ultimate goal.

Extending a warm welcome on behalf of our fabulous team in Cork. We are delighted you will be joining us on this very exciting learning journey you are about to embark on. All of us here at ICOT Cork, are available to guide, support and encourage you as you work to achieve the goal you have set yourselves. We wish you the very best of success and the most enjoyable of times and may you make memories and friendship that last you a lifetime. Looking forward to meeting you!

ASSISTANT DIRECTOR OF STUDIES | CORK



Ciaran Mitchell

We have a fantastic team of highly skilled teachers and administrators who will do everything they can to make sure that your time with us is productive, enjoyable, and rewarding. At ICOT we take a great deal of pride in our student focused approach, so if you need support, assistance, or just someone to have a friendly chat with, there will always be someone close by to lend you an ear. We wish you all the success in your studies and will do everything we can to help you be the best student you can possibly be. Cead mile failte!



# SUMMARY

07

WHY CHOOSE ICOT?

09

TEACHING METHOD

10

COURSES  
GENERAL ENGLISH

11

COURSES  
IELTS PREPARATION

12

ACCREDITATIONS

14

WHY DUBLIN?

15

WHY CORK?

16

IRELAND  
EMERALD ISLAND

18

GETTIN AROUND  
DUBLIN

20

GETTIN AROUND  
CORK

22

EXTRA ACTIVITIES

24

STUDENT SUPPORT

26

ICOT APP

27

OTHER FACILITIES

30

DISCOVER IRELAND

## Why CHOOSE ICOT

We have qualified teachers and sales agents from different countries who will be able to help you in your own native language.

We support our students through the whole process and to make their life easier we provide an app in which they can check class attendance, school activities, holiday requests, etc. We also provide extra classes that will help the students to improve their English faster. We have a career adviser who can help the students with their CV and LinkedIn profile.

**ICOT College** has units located in the biggest cities of Ireland (also known as the Emerald Isle due to its green countryside), Dublin and Cork. From Europe's largest green space to the longest defined coastal touring route in the world, Ireland is a country brimming with fun and fascinating ways to spend your program exchange.

**ICOT Dublin** is located in the heart of the city, in front of O'Connell bridge and with a Luas stop right in front of the school. If you're looking for a bus stop, there are plenty of them around. Just 5 minutes walk away, you will find yourself within the Temple bar area.

Cork is a city in south-west Ireland, in the province of Munster. It is the second biggest city in Ireland, with a traditional and welcoming atmosphere. Cork is definitely the best opportunity to immerse in the Irish culture. **ICOT Cork** is located in the heart of the city too, just in front of two of the main street, Grand Parade, and South Mall. You can visit the world-famous English Market which is a 3-minute walk from the College and way more places that are just around the corner.

Welcome to ICOT College!

A privileged ICOT location allows you to quickly reach Irish government buildings, museums, colleges and libraries.

For those who are not able to communicate confidently in English, it is possible to speak your mother language with one of our agents who are native to your country.

The inviting rooms, reveal a pleasant space with TVs, high-quality loudspeakers, comfortable chairs and wi-fi. In addition to English classes, we have a large number of extra lessons that are free.

In our canteen, you can buy food and sit comfortably while you enjoy your meal. There is a microwave and electric kettle for you to use. You will also find a library and computers for your convenience. In addition, the library has a collection of books for you to use and consult.

## Teaching METHOD

At ICOT, our highly trained teachers focus on a variety of techniques in the classroom. Always at the forefront are communicative, learner-centred lessons.

Authentic and functional language is taught so that you can definitely use it outside the classroom. You are expected to maximise your opportunity to contribute in class and actively participate during the lesson to ensure you take as much from the class as possible.

Using a Coursebook you will improve your four skills – reading, writing, listening and speaking – while also increasing your grammar knowledge and vocabulary.

## Courses GENERAL ENGLISH

When you arrive, you will take a placement test and be placed accordingly based on your CEFR level.

### LEVELS

- BEGINNER • ELEMENTARY • PRE-INTERMEDIATE • INTERMEDIATE
- INTERMEDIATE PLUS • UPPER INTERMEDIATE • ADVANCED • PROFICIENCY

Classes start every **Monday** on a continuous enrolment. There is no time limit on how long you should stay in a level. Weekly progress checks and monitoring from teachers will help you develop your skills. The aim of the General English course is to:

- > Develop your four skills (reading, writing, listening and speaking) using authentic and functional language;
- > Enhance your communicative skills so you are able to communicate effectively both in and outside the classroom;
- > Expand your vocabulary;
- > Lay a suitable foundation for further study of the language.
- > Develop knowledge and understanding of English grammar and confidently apply it accurately;

### TIMETABLE

**MORNING CLASSES:**  
From 9 am to 10.30 am |  
10.45 am to 12.15 pm

**AFTERNOON CLASSES:**  
From 1.00 pm to 2.30 pm |  
2.45 pm to 4.15 pm

### START DATE

EVERY MONDAY  
(except holidays)

### AGE

THE MINIMUM AGE  
for starting the class is  
18+ years old

### DURATION

1 TO 25 WEEKS  
(15 hours per week)

### CLASS SIZE

MAXIMUM 15  
STUDENTS PER CLASS

## Courses IELTS

**IELTS, the International English Language Testing System, is accepted as evidence of English language proficiency by over 9,000 organisations worldwide.**

The General Training focuses on the skills that you will need in social and workplace contexts.

This preparation programme aims to help you develop the ability to achieve the highest possible scores for your level. The exam tests your four language skills – reading, writing, listening and speaking.

### DURATION

**15 WEEKS**

### COURSE

**GENERAL TRAINING**

**INCREASE YOUR CHANCES  
OF GETTING A JOB.**



## ICOT ACCREDITATIONS



ICOT College, in partnership with Academy Plus, provide Learner Protection in line with ILEP requirements, which offers students peace of mind concerning fee security and guaranteed course sustainability.

Protects students total fees in case of course loss of accreditation or organisational insolvency. Learner protection policy can arrange placement into a similar course or fees refund in case where there is no similar course available.



TIE has been designed for all students over the age of 18 of all abilities and motivations following either long or short courses in language schools or other educational institutions.

TIE is a learner-centred exam which is flexible, i.e., designed to recognise and accommodate the needs and interests of each learner whatever their level of English, age, cultural or educational background. The test is task-based with the content chosen by each individual learner and can, therefore, be used to assess learners.



ELT Ireland is a network for professionals involved in all aspects of English Language Teaching that promotes learning, development and best practice through the sharing of knowledge and experiences. The purpose of ELT Ireland is to establish a network of teachers, supervisors, managers and researchers who are committed to improving teaching in English as a Foreign or Second Language in Ireland.



The fact that a provider and courses are listed on the ILEP means that in accordance with Ireland's student immigration policy, attendance at that college in respect of one of their listed full-time courses on the ILEP is an eligible purpose for a non-European national coming to Ireland. The ILEP does not guarantee the quality of the institution but if a provider is listed on the ILEP in respect of courses they will have met certain criteria including the mandatory provision of learner protection in respect of enrolled non-European students.



Progressive College Network

The Progressive College Network is a newly formed organisation to meet the demand for an alternate representative body for the private college community in Ireland, which tries to promote Ireland as a high-quality education destination. ICOT is a member of this organisation.



# WHY DUBLIN

## Economy

**The capital is located** in the province of Leinster on the east coast of Ireland. It has one of the fastest growing economies in Europe, a lot of job opportunities in all business markets and is a great place to begin investing in your future.

*Dublin is a historical and contemporary centre for education, the arts, administration and industry.*

## Recreation

**Walking in Dublin** depends on your creativity because there is no shortage of options! You can choose one of the numerous parks to spend the day in; visit a museum or go to one of the many pubs that offer a great selection of beer for all kinds of taste buds.

Not to mention that in each of them you will find diverse musical styles and people! A typical setting for making good friends and practising your English!

## Bus

**They are a great choice** for those who decide to make quick trips! Besides the fare price, you pay according to the number of stops you stop at!

Buses in Ireland have an exclusive lane on the roads and you can escape the peak times of the city! Other than that, the buses are very spacious, clean and the large windows allow you to observe the landscape while travelling, making it a much more enjoyable trip!

# WHY CORK

## Budget

Cork is a smaller and cheaper city to live compared to Dublin. That's one of the students' decision points as you can save money with accommodations, shopping and entertainment, especially considering that you pay less for the English course. Saving money, you can invest on more travels or even renewing your visa at the end of your course.

## Work

As a student (stamp 2 visa), you are allowed to work during your exchange program, and this is an excellent opportunity for you to practice your English in a professional environment. Cork has been growing a lot and developing many kinds of different markets for you to work. A considerable number of big companies choose Cork to base their company in Ireland such as Amazon, Johnson and Johnson, Apple, Pepsico, Motorola, etc.

Cork is 260km from Dublin, the capital of Ireland and it is the second biggest city of the country. Even though it is still considered as a small and calm city which is a good point as you can do everything by walk or by bike, all the places and shops are close to the city centre, and you don't need to use the public transport (which is perfect for you to save some money) Besides, Cork has an airport located 8km from the city centre, and it offers lots of different travel options and connections for you to enjoy your holidays.

## Cultural Exchange

Cork is a typical county city, where the Irish culture is notably strong. The town was vital during the fight for Irish independence from the UK. Cork is a place where you will experience the real Irish culture having more contact with native English speakers. They are very friendly and always open to help you to improve your English skill and supportive about your exchange program. Indeed, Cork is on the list of the nicest cities to live. Moreover, the government continuously offers cultural activities around the whole town such as the St. Patrick's Day parade, Cork Jazz festival, etc.



# IRELAND

THE EMERALD ISLAND



## Clothes

Here it is necessary to have good sneakers because if there is something that the Irishmen and their visitors like to do, it is to walk! Otherwise, they choose comfortable outfits such as sweaters for example, often far larger than their own number.

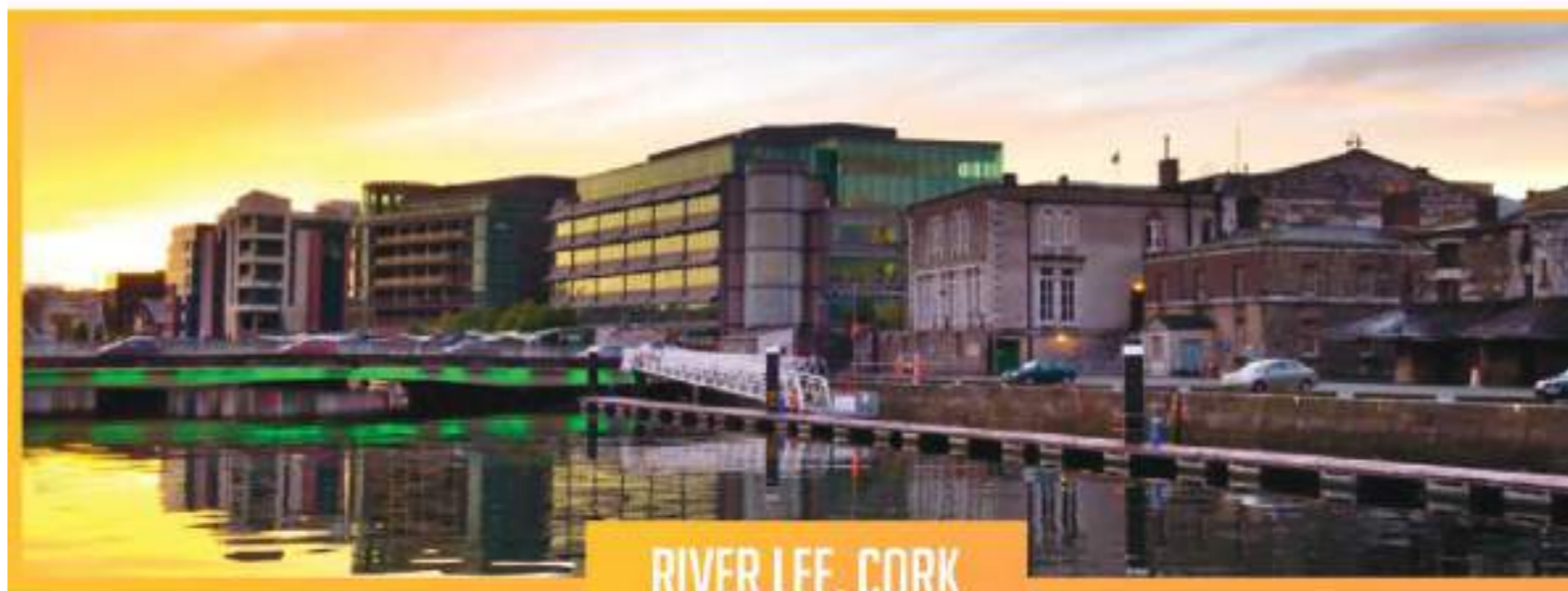
## Beer

Talking about Ireland and not talking about beer is practically impossible! Here many litres are consumed a day, and that is why pubs are city attractions. In the market you can buy beer or any other type of alcohol if you are over 18 but it can't be consumed on the street! That's it! Here in Ireland they enjoy going into a pub or getting together at home with friends!



SAMUEL BECKETT BRIDGE, DUBLIN

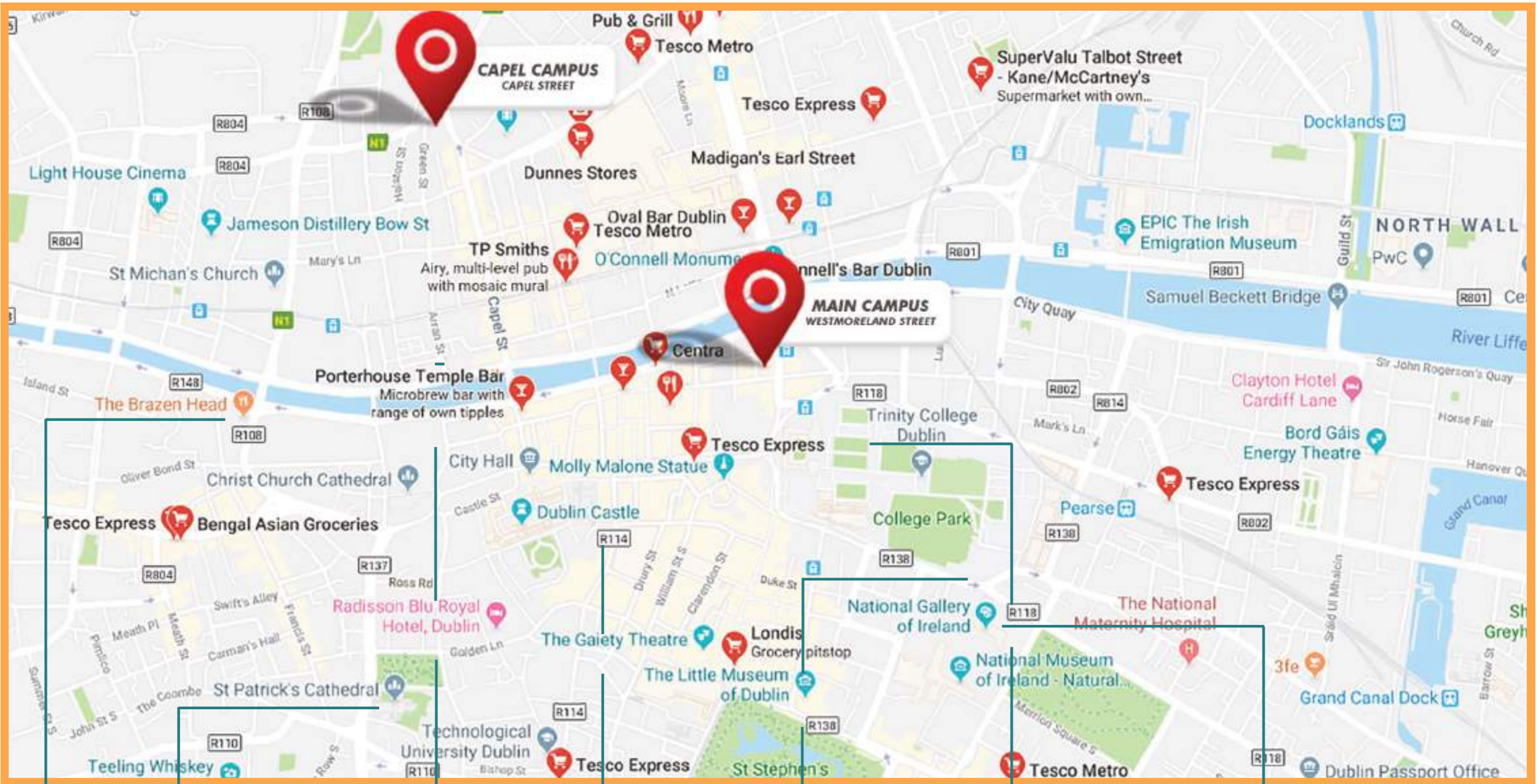
As a lively city, frequented by many young people, with job opportunities and very well located within the European map, Dublin has become a destination coveted by students from around the world. Here, students have the possibility to study in a large school, and still interact with all that the city can offer!



RIVER LEE, CORK

If you are living in Cork, you can have an excellent quality of life. It is a safe city with affable people. You can find gyms, shops, parks, churches, theatres, museums, a wide variety of pubs and everything you need from a walk distance. Additionally, Cork city has great universities receiving students from all around the world, it builds a young and cosmopolitan environment.

# GETTING AROUND DUBLIN



**The Brazen Head** - meeting place for historic rebels, this brass-lid, lantern-lit pub hosts live music each night.

**Saint Patrick Cathedral** - Founded in 1191, it is the national cathedral of the Church of Ireland. With its 43-metre spire, St. Patrick's is the tallest church in Ireland and the largest. Christ Church Cathedral, also a Church of Ireland cathedral in Dublin, is designated as the local Cathedral of the diocese of Dublin and Glendalough.

**The Temple Bar Area** - is an area on the south bank of the River Liffey in central Dublin, Ireland. The area is bounded by pubs, tourists and well known for its nightlife.

**Dublin Castle** - off Dame Street, was until 1922 the seat of the United Kingdom's government administration in Ireland, and is now a major Irish government complex.

**The National Library of Ireland** Archaeology on Kildare Street has displays on prehistoric Ireland, including early work in gold, church treasures and objects from the Viking and medieval periods.

**Trinity College** - is the sole constituent college of the University of Dublin, a research university in Ireland.

**The National Gallery of Ireland** - houses the national collection of Irish and European art. It is located in the centre of Dublin with one entrance on Merrion Square, beside Leinster House, and another on Clare Street.

# GETTING AROUND CORK

There are so many things to do and see in Cork and they are all within walking distance of the College!

Studying at ICOT Cork means that you will be right in the heart of the city. You will easily be able to walk to all of Cork city's most famous sights.

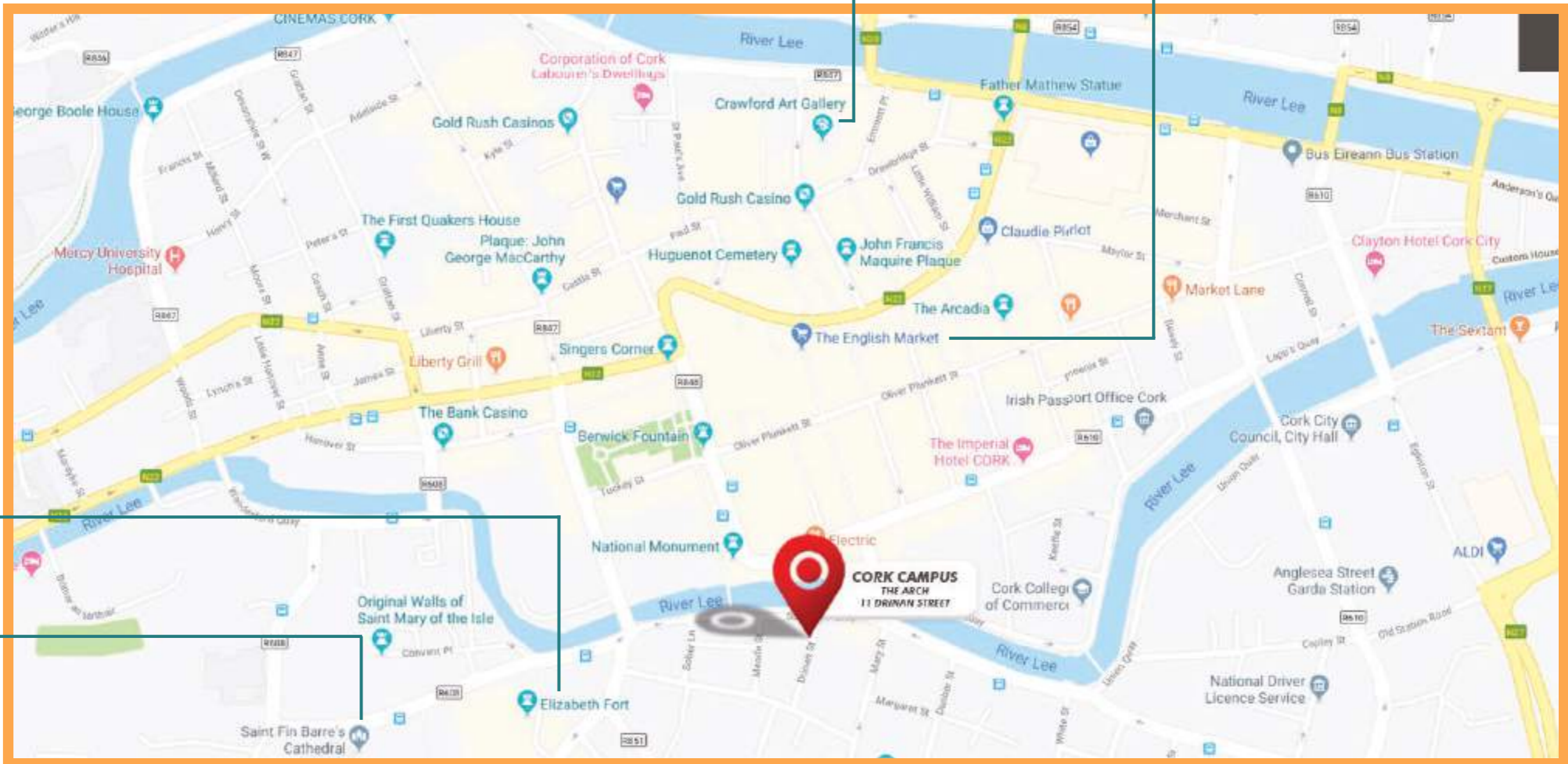
If you are a foodie you can visit the world-famous English Market which is a 3-minute walk from the College. Around the corner from The English Market is Patrick Street which is a shopper's paradise. Should you enjoy visiting historic buildings, Elizabeth Fort, St. Finbarr's Cathedral and the celebrated Shandon Bells are also nearby. If Art and Culture is your cup of tea, you can go to the Crawford Gallery or The Opera House.

**THE CRAWFORD ART GALLERY** is a public art gallery and museum in the city of Cork. Known informally as the Crawford, it was designated a 'National Cultural Institution' in 2006. It is "dedicated to the visual arts, both historic and contemporary", and welcomes over 200,000 visitors a year.

**THE ENGLISH MARKET** is a municipal food market in the center of Cork, occupying an area stretching from Princes Street to the Grand Parade. It is made-up of Princes Street Market and Grand Parade Market, and is regarded for its mid-19th-century architecture, and locally produced artisan food.

**ELIZABETH FORT** is a 17th-century star fort off Barrack Street in Cork, Ireland. Originally built as a defensive fortification on high-ground outside the city walls, the city eventually grew around the fort, and it took on various other roles – including used as a military barracks, prison, and police station.

**SAINT FIN BARRE'S CATHEDRAL** is a Gothic revival three spire cathedral in the city of Cork, Ireland. It is dedicated to the Church of Ireland and was completed in 1879. Saint Fin Barre's is located on the south side of the River Lee, on a site that has been a place of worship since the seventh century, and is named after Saint Finbarr, patron saint of the city.



## Extra ACTIVITIES

The extra activities of ICOT are designed according to your needs to help you improve your English faster! We have different language classes, conversation class, CV support and much more from Monday to Friday usually after the afternoon classes.

With the other language classes, you will be able to learn a third language.



*In case you only wish to practice your English speaking skills, you can join the conversation class lesson which is always conducted by our native teachers.*

## Student SUPPORT

All our **student support team** is committed to providing you with assistance during your whole experience, from the administration staff to the teacher team, we will always be supportive during your stay in Ireland. Also, at ICOT College, we have a sales and **students advisor team** available to assist you in your exchange program process. We will support you from your entry letter to helping you to book your final exam. Most of our sales agents are former students and since they have been through all the experiences of the exchange program they can provide a lot of valuable information that can help you adapt to this adventure on your own time.

### Meet our team! BRAZIL



LAURA REIS



NATALIA LINS



ANGELICA CASSEB



CAIO MAFFEI



FAGNER CHRISTO



LORENA SIERPINSKA



STEFFANY INÁCIO



VIOLETA BELA

### Meet our team! LATIN AMERICA - Venezuela, Chile, Uruguay



ZEUXIS SANCHEZ



FELIPE VIDAL



MARIA VERGARA



ANDREA ROM



FEDERICO PONS

#### > A New Adventure

All new adventures require a previous planning for it to work out, talking about an exchange language program planning, it needs to be carefully made taking care of each small detail. Having the support of someone who has lived, or is still living this experience to help you is one of the best choices you can make to yourself.

Do you know that one of the safest ways to get qualified information to help your planning is by dealing directly with the school?

### Meet our team!

ASIA - South Korea, Japan, Turkey, Mongolia



JOE SEONGHO HA



TSEND-AYUSH SUKHEE



YUKA KAVANAGH



ERDAL ERAN BAYRAK



ALEV ULUBAY METE



HALIT AKER

You can get in touch with us by our website, social media (**Facebook, Instagram, Youtube and Twitter**) and email (for quotations to Dublin city [info@icot.ie](mailto:info@icot.ie) and Cork city quotations [infocork@icot.ie](mailto:infocork@icot.ie)). Subsequent, one of your staff will contact you within 48 business hours.

Also, you can choose which of the communications platforms you would like to be contacted, such as email, WhatsApp, Instagram DM, and we are implementing an owl communications service if you live in Hogwarts.

#### > What about communication?

If you do not speak English, don't panic! At ICOT College, we have a multicultural sales support team dealing with different nationalities in their native language. We count on Portuguese, Spanish, Turkish, Korean, Japanese, Mongol, English, Chinese native speakers to assist you during your whole exchange program process. sales team.



At ICOT, we have different types of accommodation options to suit your lifestyle, budget and needs.

## ICOT APP

### > Important Dates

Stay tuned about every important date and events that are happening at ICOT! Also, you can check our extra curricular activities just by clicking the date you prefer.

### > Student Area

You can check all the services to make your life easier and faster such as External Exams, Admission Criteria and the ICOT Policies.

### > Contact Us

Still can't find what you need? Send us a message, and we will get back to you as soon as possible!

### > Services

Are you looking for something in particular? On the Services area, you will be able to check more information about our accommodation, health insurance, learner Protection and pay to study!

### > Videos

Check out our latest videos and news!

### > Attendance

To check your **attendance**, you just need to click on "Register" and insert your Student Number. You can find this number on your enrolment letter. Important information: All the information regarding attendance is updated at the end of each day.

### > Request Form

With the app, you can easily get in touch with the academic department to request letters, change of level, your certificate or any other doubts you might have.

### > Courses

Choose the right course for you and get more information about what we can offer you!



## Other FACILITIES

### HEALTH INSURANCE

It is a requirement of the Study Visa for non-EU students to take out private health insurance. For non-EU students who do not have current health insurance arrangements in place, ICOT will arrange student medical cover with Academy Plus. These policies cover emergency medical expenses, emergency travel and repatriation expenses, and are compliant with the applicable visa regulations.

### TRANSFER AIRPORT – ACCOMMODATION

Is it your first time coming to Ireland? Do not worry. We will pick you up at the airport! ICOT College offers you a transfer service to lead you from the airport to your accommodation safely and comfortably.

### ACCOMMODATION

One of the best things about student accommodation is the social opportunities that this living arrangement gives you and the friendships you will build. While you will certainly form lasting friendships with your classmates, you will always form stronger bonds with those you live with as you share meals and discuss the day's classes in your student accommodation.

**WITH THE ICOT APP YOU CAN CHECK YOUR ATTENDANCE AND MUCH MORE FROM ANYWHERE!**



**STUDENT  
PROGRAM**



**EXCHANGE  
IN IRELAND**

## Discover IRELAND



Famous Irish breweries include Guinness, Smithwicks (Kilkenny), and Harp Lager.

**Halloween** traces back its origins to the Gaelic festival of Samhain; a harvest festival held on 31 October to mark the end of summer. Samhain became associated with All Saints (1 November) from the early Middle Ages, and the two progressively merged over the centuries, creating Halloween.



The story of the world-famous vampire **Count Dracula** was written in 1897 by Bram Stoker, from Dublin. His real-life inspiration for his character was a friend of his, the actor Sir Henry Irving. Count Dracula was the culmination of 20 years of vampire stories in Victorian literature.



**The Titanic** was built in Belfast, Northern Ireland. You can visit the place where it was built on a short trip from Ireland.



Although set in Scotland, most of the battle scenes in the 1995 film **Braveheart** were filmed in Ireland.

Movies filmed in Ireland: Star Wars - Episode VII; Braveheart; Saving Private Ryan; **Harry Potter and the Half-Blood Prince**; Lassie; King Arthur; The Italian Job; The Princess Bride; Excalibur; The Tudors.



A lot of episodes in **Game of Thrones** were filmed in Ireland. Winterfell, for example, is set in Northern Ireland and so is The Iron Islands and Westeros too.





# We make it happen

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